

Dear Parents, Carers, Social Workers, and Colleagues,

Welcome to My3's Young Peoples Transitional Services.

This letter is to Welcome you to an overview of what we offer, and, to keep you updated of the service offered by My3 Limited, and the current opportunities we have available.

As the Registered Manager with Care Quality Commission (CQC) and with over 10 years senior leadership experience within the sector and specialist knowledge in Trauma Informed Care and Positive Behaviour Support, working with the My3 staff teams, we strive to make a difference for all our young people.

Through a nurturing approach we support a broad range of needs including autism, learning disabilities, mental health, and associated challenges such as behaviours of concern and self-harm. We are committed to promoting person centred care and driving quality improvement across the portfolio of services to support each of our young people to thrive.

Using Positive Behaviour Support strategies, we support many children and adults to reduce risk taking behaviours and develop alternative coping strategies so that individuals achieve outcomes and live a meaningful quality of life.

As a Centre of Advancement Coach in Positive Behaviour Support, we promote the use of the PERMA (Happiness Model) and therapeutic care aligned to the My3 Steppingstones evidence-based model that promotes independent planning for our young people.

With an accredited Level 7 ILM - Leadership and Management Award, MBA – Master of Business Award, Diploma in Social Work, along with Senior Leadership and significant operational management experience within the Health and Social Sector, my motivational approach is leading by example and coaching teams to deliver positive and proactive support to meet goals and successful outcomes.

We would be delighted to discuss any referrals directly and liaise with families and professionals about the services that we have to offer. We can arrange a visit as appropriate to any of our available placements and will be more than happy to answer any questions that you may have.

Please contact residentialreferrals@my3ltd.co.uk with any enquiries for placements or visit our website <https://www.my3ltd.co.uk>.

Mobile [07534532770](tel:07534532770) Email Katherine@my3ltd.co.uk

Kind regards,

Katherine

Katherine Evans

